

# Breakfast

## BUFFETS

### HEALTHY START BUFFET \$12

OATMEAL, ASSORTED KELLOGG'S CEREALS, HOMEMADE ALMOND GRANOLA, FRESH FRUIT, YOGURT AND YOUR CHOICE OF BREAKFAST BREADS, SERVED WITH FRESHLY BREWED COFFEE OR SPECIALTY TEA

### ALL AMERICAN BREAKFAST \$15

THE HEALTHY START BUFFET PLUS EGGS COOKED TO ORDER, HOMEMADE WAFFLES AND A SELECTION OF BREAKFAST MEATS, SERVED WITH FRESHLY BREWED COFFEE OR SPECIALTY TEA

## FROM THE GRIDDLE

### BELGIAN WAFFLE WITH MAPLE SYRUP \$9

CRUNCHY GRILLED FRENCH TOAST WITH FRESH FRUIT AND REDUCED CALORIE SYRUP \$9

TRADITIONAL FRENCH TOAST WITH MAPLE SYRUP \$9

## RENAISSANCE SIGNATURES

### ROCKY MOUNTAIN TROUT AND EGGS \$13

CORNMEAL DUSTED SAUTÉED TROUT WITH GRILLED TOMATOES, FRESH SPINACH AND HASH BROWNS (RENAISSANCE BOULDER FLATIRON HOTEL, BROOMFIELD, CO)

### LEMON SOUFFLÉ PANCAKES \$10

LIGHT AND FLUFFY LEMON FLAVORED PANCAKES WITH RASPBERRIES, TOASTED PINE NUTS AND RASPBERRY SYRUP (STANFORD COURT HOTEL, SAN FRANCISCO, CA)

### EGG WHITE FRITTATA \$12

A HEALTHY ALTERNATIVE WITH YOUR CHOICE OF MEAT, POTATO AND VEGETABLE FILLINGS, SERVED WITH TOAST, BAGEL OR MUFFIN (RENAISSANCE WORTHINGTON, FORT WORTH, TX)

## TRADITIONAL / INDIGENOUS BREAKFAST

### CLASSIC BUTTERMILK PANCAKES \$9

### PALISADE PEACH PANCAKES \$9

PALISADE PEACHES AND BUTTERMILK PANCAKES SERVED WITH MAPLE SYRUP

### TRADITIONAL EGGS BENEDICT \$11

POACHED EGGS, CANADIAN BACON, ENGLISH MUFFIN, HOLLANDAISE AND HASH BROWNS

### TROUT BENEDICT \$14

LOCAL PAN SEARED TROUT, JALAPENO-SMOKED CHEDDAR CORNBREAD, POACHED EGG, BING CHERRY BEARNAISE AND HASH BROWNS

## CHEF'S SPECIALTIES

### LOW CARB SCRAMBLE\* \$12

THREE EGGS SCRAMBLED WITH DICED HAM, GRILLED PORTOBELLO MUSHROOM, PROVOLONE CHEESE, SLICED TOMATOES AND GRILLED ASPARAGUS

### COLORADO RANCH STEAK AND EGGS \$16

6 OZ. COLORADO RANCH STEAK WITH TWO EGGS ANY STYLE, HASH BROWNS CHOICE OF TOAST, BAGEL OR MUFFIN

### GREEK OMELET\* \$12

THREE EGGS, FETA CHEESE, TOMATO AND SPINACH WITH HASH BROWNS, CHOICE OF TOAST, BAGEL OR MUFFIN

### CINNAMON GREEN APPLE OATMEAL\* \$7

### ALL AMERICAN BREAKFAST \$12

THREE EGGS ANY STYLE, HASH BROWNS, CHOICE OF BACON, SAUSAGE, HAM OR CANADIAN BACON, CHOICE OF TOAST, BAGEL OR MUFFIN

### BUILD YOUR OWN OMELET\* \$12

THREE EGGS, HASH BROWNS, AND YOUR CHOICE OF THREE OF THE FOLLOWING ITEMS: PEPPERS, ONIONS, MUSHROOMS, TOMATOES, SPINACH, ASPARAGUS, JALAPENO, AVOCADO, CHEESE, BACON, HAM, SAUSAGE, TURKEY SAUSAGE (\$.50 FOR EACH ADDITIONAL ITEM), CHOICE OF TOAST, BAGEL OR MUFFIN

### WARM QUINOA WITH SOY MILK \$9

CINNAMON, FRESH BERRIES AND SLICED ALMONDS

## FRUITS, CEREALS & PASTRIES

COLD CEREAL WITH FRESH FRUIT \$6

HOT OATMEAL WITH RAISINS AND BROWN SUGAR\* \$7

ALMOND GRANOLA PARFAIT\* \$8

FRESH SEASONAL FRUIT PLATE WITH YOGURT\* \$8

WHOLE WHEAT, WHITE, SOURDOUGH AND SWIRL RYE BREAD OR ENGLISH MUFFIN \$3

FRESH BAKED MUFFINS \$3

ASSORTED FLAVORED YOGURTS\* \$4

## SIDE DISHES \$4

MILD COUNTRY LINK SAUSAGE

SLICED CURED HAM

CANADIAN BACON

SMOKED BACON

HASH BROWNS

## BEVERAGES

FRESH FRUIT SMOOTHIE \$6

FRESH ORANGE JUICE \$4

GRAPEFRUIT, APPLE, V-8, AND CRANBERRY JUICE \$3

FRESHLY BREWED COFFEE \$3

MILK \$3

SOFT DRINKS \$3

SPECIALTY AND HERBAL TEA \$4

PANNA WATER \$3

ST. PELLEGRINO WATER \$3

STARBUCKS CAPPUCCINO OR LATTE \$4

FLATIRON

SEAN RUSH | EXECUTIVE CHEF

\* GLUTEN FREE OPTION